

28. Exercise on intervals

$\text{♩} = 60$

A - e - a - e - a A - e - a - e - a A - e -
A - i - a - i - a A - i - a - i - a A - i -

a - e - a A - e - a - e - a A - e - a - e -
a - i - a A - i - a - i - a A - i - a - i -

a A - e - a - e - a - e - a A - e - a - e - a
a A - i - a - i - a - i - a A - i - a - i - a

A - e - a - e - a A - e - a - e - a
A - i - a - i - a A - i - a - i - a

A - e - a - e - a A - e - a - e - a
A - i - a - i - a A - i - a - i - a

A - e - a - e - a A - e - a - e - a
A - i - a - i - a A - i - a - i - a

Sing as legato as possible.

Donot put too much weight on the low c and let your larynx slide down smoothly, not with a plop.

Feel how the tongue is working with the i and rests with the a. (italian i and a)

After this exercise it is good to do an exercise on ng.

27. Fast scales

legato

A - - - - - e - - - - - i - - - - -

- u - - - - - o - - - - - a

A - - - - - e - - - - - i - - - - -

u - - - - - o - - - - - a

A - - - - - e - - - - - i - - - - -

u - - - - - o - - - - - a

The image shows six staves of musical notation in 2/4 time, marked 'legato'. Each staff contains a fast scale of eighth notes. The first staff starts in C major with the notes A, A, A, A, A, A, A, A, A, A, A, A, A, A, A, A. The second staff continues the scale with A, A, A, A, A, A, A, A, A, A, A, A, A, A, A, A. The third staff is in C minor with the notes A, A, A, A, A, A, A, A, A, A, A, A, A, A, A, A. The fourth staff continues in C minor with A, A, A, A, A, A, A, A, A, A, A, A, A, A, A, A. The fifth staff is in C major with the notes A, A, A, A, A, A, A, A, A, A, A, A, A, A, A, A. The sixth staff continues in C major with A, A, A, A, A, A, A, A, A, A, A, A, A, A, A, A. Below each staff are the lyrics 'A - - - - - e - - - - - i - - - - -' and '- u - - - - - o - - - - - a'.

Sing the six bars first in C and transpose each time a semi tone higher until A flat. Then descend to C again.

Be aware what your tongue is doing: during the e slightly vaulted and in the i more bulging.

Let this movement be supple.

The tip of your tongue stays at you lower teeth.

25. Sirene-exercise

$\text{♩} = 60$

A - a - a - a - a - a - a - a
Ng

A - a - a - a - a - a - a - a - a - a
Ng

A - a - a - a - a - a - a - a - a - a - a
Ng

Breathe quietly through the nose
Sing also on e, i, u, and o.

22. More voiced consonants

$\text{♩} = 60$

zip zep zip zep zoom

Zzzz — — — — Zzzz — — — — zoom

Practice also on: veal, veil, vase, vow, vote.
Do not hurry, but let the z's and v's hum nicely.
Use the rest in the second bar to relax your body, so that the air can flow in.

21. Variation on z and v

$\text{♩} = 90$

Zea ea l
Voi oi ce

20. A simple v-exercise

$\text{♩} = 90$

Vvv vase
Vvv veal
Vvv voice
Vvv vow
Vvv vet

Let the v sound fine.

Be sure to keep your upper teeth loosely on your lower lip.

Sing also on the German words: 'Wasser', 'Wohin', 'Wieso'.

Pronounce the 'W' as a 'V'

19. Voiced consonants - m - ng

$\text{♩} = 90$

Mmm oo n

Breathe through the nose.

Make the o behind your lips, as in yawning with your mouth closed.

Don't push on the m with your breath, but let it hum gently.

Don't start the runs with a h.

Create your own one-syllable-words that start with a m.

Sing the exercise also on ng instead of the m while keeping your mouth slightly opened.

Anticipate on the vowel. Think of the oo **before** you sing 'moon'.

18. Fast m's

$\text{♩} = 60$

Mom mam mom mam mom mam mom mam mom

This exercise is a perfect warming-up.
After this, fast words will come easier.

17. Staccato and legato

$\text{♩} = 60$

Mom mam mom mam mo-m ma-m mo-m ma-m mom

Let the o's and a's escape fastly.
Keep the lips always relaxed.